

OFFICE BEARERS

Dr. Deepa.G

President

Dr. Roshith S. Nath

Hon: Secretary

Dr. Nripan. T

Journal Editor

Dr. Subhash R. Kurup

President Elect

Dr. Vasudevan Vinay

Imm Past President

Dr. Subramony. R

1st Vice President

Dr. Harikrishnan. R

2nd Vice President

Dr. Jithin. R

Joint Secretary

Dr. Adheena Chandran

Treasurer

Dr. Ajas. A

CDE Convenor

Dr. Noufal. N

CDH Convenor

EXECUTIVE COMMITTEE MEMBERS

Dr. Akhil Yadav. B

Executive committee member(s)

Dr. Shameem Shukkoor

Executive committee member(s)

Dr. Dhanush Shaji

Executive committee member(s)

Dr. Firoz. A

Executive committee member(s)

Dr. Fazeeh Salim Haneefa

Executive committee member(s)

Dr. Ashok Gopan

Executive committee member(s)

Dr. Abin. A

Executive committee member(s)

Dr. Arya Arun

Website Coordinator

Dr. Subramony. R

Reps to State

Dr. Alex Philip

Reps to State

Dr. Anish. P

Reps to State

Dr. Afzal. A

Reps to State

Dr. Arun. S

Reps to State

Dr. Sherin A. Kham

Reps to State

Dr. Subhash R. Kurup

Reps to State

Dr. Vasudevan Vinay

Reps to State

Dr. Deepa. G

Reps to State

Dr. Rakhee Rakesh

IDA HOPE Rep

Dr. Prasanth S.P

IDA CAN Rep

Dr. Jitha. J

Womens Council Rep

Dr. Shyna. S

Womens Council Rep

Dr. Biju A. Nair

CC member(s)

Dr. Roshith S. Nath

CC member(s)

Dr. Abhilash G.S

CC member(s)

Dr. Arun Roy. S

CC member(s)



IOPA

The Internal Official Publication of Attingal Branch

(Tri-Monthly Bulletin of IDA Attingal Branch: Jan-Mar 2024)

INSTALLATION CEREMONY AND FAMILY GET TOGETHER

Dr Deepa G installed as the President of IDA Attingal Branch for the year 2024 and Dr Roshith S Nath as Hon. Secretary on 17th December 2023 at 6pm The ceremony was held at The Monarch Hotel Pothencode. A total of 180 members attended the events along with members from neighboring branches Smt. Thara Kalyan was the chief guest for the event. Guest of Honor Smt. Latha Anoop & Dr Deepu J Mathew



1st CDH Charity Program

Contributed Rs. 12000 to Govt HSS kilimanoor NSS Schem for Sneha Bhavanam on 17/01/2024 at govt HSS kilimanoor.



2nd PROJECT AWARE CDH PUBLIC AWARENESS HOARDINGS SIVAGIRI VARKALA

Awareness hoardings placed at Sivagiri premises on 19/01/2024



3rd CDH Project Shield Oral Cancer Screening Camp

On the occasion of World Cancer Day, A screening camp was conducted at VVM Residence association market road Attingal on 21st January between 9am to 12 pm. A total of 120 patients attended the camp.



4th CDH Project Shield Oral Cancer Awareness Campaign

On the occasion of World Cancer Day, an awareness campaign was conducted at Palace Residence Association on 21st January between 2pm to 4 pm. The awareness class for the members was conducted by Dr Arun S



5th CDH : Project Aware Prosthodontist Day

On the occasion of Prosthodontist Day an awareness video was done by Dr Dinesh Nair MDS Prosthodontics Implantologist.



7th CDH Dental Checkup Camp

IDA Attingal CDH conducted screening camp at Gurukripa B Ed college in association with NSS unit on 29/01/2024 10am to 1pm. Oral screening was done for more than 50 students.

6th CDH Charity Programme : Republic Day celebrations & Essential Kit Distribution

CDH program was conducted at Ambedkar Orphanage, Attingal. The event was marked by hoisting of the National Flag by IDA Attingal Branch President Dr Deepa G and Essential Items Kit distributions was done.



8th Project Palpunchiri CDH Dental Checkup Camp

IDA Attingal CDH conducted oral screening camp at Kunnuvaram up school Attingal on 30/01/2024 1.30pm to 3.30 pm. Oral Screening was done for 500 students



9th CDH Project Shield Oral Cancer Awareness Pamphlets Distribution

IDA Attingal CDH distributed oral cancer awareness pamphlets in Attingal bus stand on 1/02/2024 Thursday



10th CDH Project Shield World Cancer Day (Tribal Camp)

IDA Attingal CDH observed world oral cancer day on February 4th. An oral cancer screening camp was conducted at Tribal Mission Center Kaleeckal Vithura from 11am to 1pm. 100 people were screened and oral hygiene kits distributed.

11th CDH Project Shield World Cancer Day Screening camp

As a part of oral cancer day IDA Attingal CDH conducted an oral screening camp at Ittiva Health Center on 5/02/2024 from 9am to 1pm. The programme was organized by IDA Attingal branch along with SASCAN meditech and Ittiva Gramapanchayth. The Arogya standing committee chairman Mrs. Beena inaugurated the function. The welcome address was given by Dr Rakesh and awareness talk by Dr Deepa G President IDA Attingal. 100 patients were scanned using Oral Scan



12th CDH Project Shield World Cancer Day Awareness Video

IDA Attingal CDH created an awareness video for Oral Cancer Awareness Campaign on 7/02/2024. Created by Dr Rahul and Dr Athul



13th Treatment done in our Free Active Clinic

IDA Attingal branch done treatment for our patients in free active dental clinic in Snehatheeram charitable society mithirmala on 7/02/2024



14th CDH Project Palpunchiri World Tooth ache Day

IDA Attingal Branch CDH observed world tooth ache day at Sree Aurobindo Public school kallambalam. Awareness class taken by Dr Abin A. 420 students were screened.



15th PROJECT SHIELD CDH DENTAL CHECKUP CAMP

IDAAttingal CDH conducted Dental checkup Camp at Changattu Sri Bhagavathi Mahakshetram Kaduvayil Thottakkad on February 12th 2024. Total of 140 patients attended.



16th CDH PROJECT PALPUNCHIRI TWICE A DAY BRUSHING CAMPAIGN Programme Dental Awareness Class

IDAAttingal CDH conducted Dental Awareness Class and Brushing technique for KG students of Aurobindo Public school kallambalam on February 13th. Awareness class taken by Dr Abin S.

17th CDH PROJECT AWARE : ORAL AND MAXILLO FACIAL SURGERY DAY

On the occasion of Oral &Maxillo Facial Surgery Day an awareness video was done by Dr Arya Dhanush Oral & Maxillo Facial surgeon



18th CDH PROJECT PALPUNCHIRI Programme Dental Screening camp

IDAAttingal branch CDH wing conducted Dental screening camp at govt up School MankaduKadakkal on 15th February. 420 students were screened.



19th CDH Project Shield Oral Cancer Awareness video

IDA Attingal CDH created an Oral Cancer Awareness video by Malayalam movie Actor Indrans on February 19th



20th CDH Project Shield Oral Cancer Awareness video

IDA Attingal CDH created an Oral Cancer Awareness video by Malayalam movie Actor Aju Varghese on February 19th



21st CDH PROJECT AWARE : NATIONAL PERIODONTIST DAY

On the occasion of National Periodontist Day an awareness video was done by Dr Mithun Kishor S MDS Periodontist on 23/2/2024



22nd CDH PROJECT AWARE: ORAL AND MAXILLO FACIAL SURGERY DAY

On the occasion of Oral & Pathologist Day an awareness video was done by Dr Nripan T MDS Oral Pathologist on 25/2/2024



23rd CDH Project Aware Oral Cancer Awareness video

IDA Attingal CDH created an Oral Cancer Awareness video by Malayalam movie Actor Dr Shaju Mon on February 25/02/2024



24th CDH National Tooth Fairy Day State Programme

World Tooth fairy day programme was observed at Christ Nagar public school on 28 February 2024 Wednesday. The programme was organised by Indian dental association Kerala state hosted by IDA Attingal branch. Attingal MLA smt O S Ambika inaugurated the function. Welcome speech was delivered by Dr Deepa G the president IDA Attingal. The programme was presided by IDA kerala state vice president Ittyavirah babu. The state IDA CDH chairman Dr Deepak j kalarickal addressed the gathering regarding the importance of Tooth fairy day. The school manager Joseph vattaparambil cmi, principal Biju palamattom cmi, vice principal Bindhu ramesh also addressed the gathering. Vote of thanks was delivered by Dr Roshith S nath secretary IDA attingal branch. A dental awareness class was taken by Dr Meera murali and a magic show was put up by the famous magician Haris thaha. Dental screening camp for the students were also organised by the doctors of the IDA Attingal branch as a part of the programme



25th CDH Project Palpunchiri

IDA Attingal conducted Dental awareness and dental screening camp on 1/3/2024 Friday at Govt HSS Azhoor. 170 students were screened.



26th CDH Programme Dentist Day charity programme

IDAAttingal CDH distributed oral hygiene kit for Inmates (40numbers) of Chakkulathamma chartable Trest old age home



27th Treatment done in our Free Active Clinic

IDA Attingal branch done treatment for our patients in free active dental clinic in Snehatheeram charitable society mithirmala on 13/03/2024



28th CDH project aware - Oral Health Day

IDA Attingal CDH conducted Road Safety trauma and oral awareness class on 20th march at AJ College of science and technology thonnakkal Trivandrum. Class taken by Dr Sankar Jayaram MDS Oral and maxillofacial surgeon. 100 students attended.



29th CDH Project Shield Dental Screening Camp

IDA Attingal CDH conducted dental screening camp at Thalikulzhy residential association on 24/03/2024 Sunday. 50 patients attended the camp.



30th CDH Project Aware Dental Screening Camp

IDA Attingal CDH conducted dental screening camp and awareness class at Vidya academy of science and technology technical campus nss unit on 30/03/2024. 50 patients attended the camp.



1st WDC Program National Girl Child Day

IDA Attingal WDC observed National Girl Child Day at Govt UPS Vanchiyoor on January 24th 2024 time 11am to 1 pm. Awareness class on Good and Bad touch was taken for 150 students in two sessions. Class was taken by Smt. Sankari Unnithan, faculty from MINDPORT.



2nd WDC Program - Republic Day Program

IDA Attingal observed Republic Day conducted Dental camp in association with kissan service society at vamanapuram on 26/01/2024 time 9am to 1pm. 100 people attended.



3rd WDC Sanrakshan : Distribution of awareness poster at schools near Attingal

Awareness poster distributed to 7 Schools in Attingal on 27/01/2024



4th WDC Sanrakshan : Distribution of awareness poster at schools in Kilimanoor

Awareness poster distributed to 6 Schools in Kilimanoor on 30/01/2024



5th WDC PROJECT SANRAKSHAN

IDA Attingal WDC conducted awareness class on Prevention & Basic First aid for Dental Trauma on 30th January at Holy Innocents Public school vetton. Awareness class taken by Dr Jitha. 25 students attended.



6th WDC Sanrakshan : World Cancer Day

IDA Attingal WDC observed world cancer day on February 4th. Awareness class taken for Kudubasree Ladies at Vakkom. Dr Meera took awareness class



7th WDC Programme Valentine's Day Couple Photo Contest

IDA Attingal WDC conducted couple photo contest online for IDA Kerala state members on February 14th. Total of 82 entries received from various branches.



8th WDC Project Sanrakashan Dental Trauma Awareness Class & Screening Camp

IDA Attingal branch WDC conducted Dental Trauma Awareness Class and oral screening camp at Sabarigiri New generation school nilamel on February 15th. 50 students attended. Dr Reena took awareness class.



9th WDC Project Sanrakashan Dental Trauma Awareness Class & Screening Camp

IDA Attingal branch WDC conducted Dental Trauma Awareness Class and oral screening camp at Govt HSS Vakkom on February 21st 1.30pm. 50 students attended. Dr Deepa G took awareness class.



10th WDC Project Sanrakashan Dental Trauma Awareness Class & Screening Camp

IDA Attingal branch WDC conducted Dental Trauma Awareness Class and oral screening camp at CNPS UPS Madavoor on February 22nd 8.30 am. 150 students attended. Dr Shyna took awareness class.



11th WDC PROJECT MAATRITIV

IDA Attingal WDC placed awareness hoardings (Dental Care During Pregnancy) in Amar Maternity Hospital Attingal March 8th 2024



12th WDC PROJECT MAATRITIV

IDA Attingal WDC conducted dental awareness class and nutritional class with oral screening camp for pregnant women and kids at angawadi Vamanapuram on march 2024 Oral health day. Dr Anchana Chandran Nutritionist



1st CDE PROGRAMME

TOPIC - FULL MOUTH REHABILITATION A HOLISTIC APPROACH LECTURE & DEMONSTRATION

FACULTY - DR DHANALAKSMI R, MDS PHD.

HOPE AWARENESS CLASS TAKEN BY DR RAKHEE RAKESH IDA HOPE REP.

VENUE - HOTEL SAVITHRI ATTINGAL.

63 MEMBERS ATTENDED.

18/2/2024



2nd CDE PROGRAMME

TOPIC - Legal guidance for tension free practice (Privileged CDE)

FACULTY - Dr Premjith S & Dr Satish K Joseph

VENU - Karthika Park kazhakkottam

50 MEMBERS ATTENDED

3/3/2024



First Executive Committee Meeting

The first executive meeting was held on 12/1/2024 at Lions Club Hall, Attingal at 7pm. A total of 27 members attended the meeting. The meeting commenced by 9:30pm.



Second Executive Committee Meeting

The Second executive meeting was held on 03/03/2024 at Hotel Karthika Park Kazhakkottam at 4pm. A total of 27 members attended the meeting. The meeting commenced by 5.00 pm.



1st General Body Meeting

First GB of meeting was held on 03/03/2024 at Hotel Karthika Park Kazhakkottam at 5pm. A total of 50 members attended the meeting. The meeting commenced by 6.00 pm.



Dentist Day Celebration

On behalf of Dentist Day IDA Attingal Conducted Family get together on 3rd march at Hotel Karthika Park Kazhakkottam. cake cutting followed by dinner.



IDA KSB Events Participation

IDA Attingal conducted orientation programme for interns of Sree Sankara Dental college. To give the importance of IDA in Dentistry. Topics covered- Indian Dental Association, HOPE, Medico legal cases, Ethical practice Orientation class taken by Dr Abhilash G S (past President IDA KSB) and Dr Premjith S (Hon HOPE Secretary IDA KSB) Total number of 55 Interns attended.



IDA KSB Dentist's Day Awards Ceremony

Dr Subhash Kurup and Dr Jessy Alex were nominated from our branch for the IDA KSB Awards for the 'Active member Awards' on the eve of Dentist's Day Awards held at IMA Trivandrum on 6/3/2024.




STUDENTS ACTIVITY AT PMS DENTAL COLLEGE VATTAPARA

IDA Attingal conducted orientation programme for interns and students of PMS Dental college. To give the importance of IDA in Dentistry

Topics covered - Indian Dental Association, HOPE, Medico legal cases, Ethical practice Orientation class taken by Dr. Abhilash G S (past President IDA KSB) and Dr Premjith S (Hon HOPE Secretary IDA KSB)


Total number of 300 students attended.




Indian Dental Association Attingal Branch

STUDENTS ORIENTATION PROGRAMME


Guests




Dr. Raveendranath M
IDA National President




Dr. Terry Thomas
IDA Kerala State President




Dr. Deebu J Mathew
IDA Kerala State Hon. Secretary



Dr. Subhash K Madhavan
IDA Kerala State President Elect




Dr. Premjith S (Faculty)
IDA Kerala State Hon HOPE Secretary



Dr. Abhilash G S (Faculty)
IDA Kerala State Past President

President Dr. Deepa G

Hon Secretary Dr. Roshith S Nath



**PMS COLLEGE
OF
DENTAL SCIENCE & RESEARCH**

MARCH

6

9.00Am

